

Annual Report 2018-19

The Board of Dolen Cymru Wales Lesotho Link presents its Annual Report of the Directors for the Year ending 31 March 2019.

Reference and Administrative Information

Charity Name:	Dolen Cymru Wales Lesotho Link
Charity registration number:	1143448
Company registration number:	07578753
Registered Office and operational address:	Temple of Peace Cardiff CF10 3AP
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Board of Directors

Chair	Gareth Morgans (resigned 17/11/ 2018) Dr Paul Myres (from 17/11/ 2018)
Treasurer	Chris Terrell (resigned 17/11/2018) Maria Moore (from 17/11/ 2018)
Director	Dr Paul Myres
Director	Maria Moore
Director	Polly Seton (resigned 27/4/2019)
Director	Liz Doig (from 17/11/2019)
Director	Aaron Pritchard (from 17/11/2019)

Management

Executive Director	Veronica German
Company Secretary	Veronica German

Independent Financial Examiner

B Hughes FCA
A. Hughes Jones Dyson & Co.
Chartered Accountants & Statutory Auditors
Capel Moreia, South Penrallt
Caernarfon, Gwynedd, LL55 1NS

The Directors present their report along with the Financial Report of the charity for the financial year ending 31 March 2019.

Our Vision

Thriving communities in Lesotho

Our aim is to achieve sustainable change through improved understanding and improved infrastructure in Lesotho and Wales.

About Dolen

Since 1985 Dolen Cymru has been forging partnerships between Lesotho and Wales. Through these links we bring lives and skills together, bringing communities in Wales and Lesotho together creating momentum.

So our health professionals train health professionals. Our specialists in sanitation and sport pass their skills on to others. Our teachers give whole communities new tools and understanding, which they in turn share with other communities.

And when our volunteers come home, they bring with them a different perspective, a different way of thinking. They share these new approaches and skills with the schools, clinics and communities they're based in.

Where we work- Lesotho

Located in the south-eastern region of Africa, the Kingdom of Lesotho is surrounded on all sides by the Republic of South Africa. All of its territory is above 1400 metres, meaning it is the country with the highest low point in the world. Many people live in rugged, mountainous terrain, accessible only by horseback or foot.

Lesotho is one of the poorest countries in the world. This beautiful country faces considerable economic and social problems with over half (57%) of its 2 million population living in extreme poverty. (World Bank Data) Its GDP per capita was just \$1,400, in 2017, according to the IMF. This ranks it at 150 out of 186 countries.

Lesotho has one of the highest rates of HIV in the world. Prevalence is around one-in-four (25%), the second highest in the world after Swaziland, according to the CIA World Factbook. The HIV epidemic in Lesotho was declared a national disaster in 2000. Life expectancy in Lesotho is just 54 years, placing it 178 out of 183 countries.

How we work

The charity delivers its charitable aims by developing high quality programmes with partners in Lesotho and Wales and sharing professional skills and expertise through:

- Direct delivery using UK based staff and volunteers
- Working through partners in Lesotho

The strategic plan for 2018 onwards is summarised in the tables below for Lesotho and Wales.

Decision was made in 2017 to concentrate efforts in a smaller geographical area, that is the District of Thaba Tseka for educational and WASH projects.

Develop high quality programmes with partners in Lesotho and Wales by sharing professional skills and expertise

In Lesotho

Deliver high quality teaching and learning in schools

- Teacher placements in schools in Lesotho and reciprocal placements in Wales, delivering training in literacy, numeracy and other areas identified by schools. Local teachers identified as 'champions' to cascade training to other schools and teachers in their district.
- Support links between schools in Lesotho and Wales

Improve water, sanitation and hygiene (WASH) in school communities

- Provide gender sensitive, dry toilets with hand-washing facilities plus whole community sensitisation on WASH
- Develop school food gardens in conjunction with toilet installation where possible
- Training on infectious diseases as laid out in National Curriculum, identifying student and teacher WASH champions

Improve public and mental health

- Deliver WHO Mental Health GAP training as requested by Lesotho Ministry of Health, to non-specialists such as Community Nurses and Family Medicine trainees
- Develop further 'Decision Aides' for Village Health Workers (VHWs) on topics identified locally to add to Childhood Diseases, Antenatal Care and Mental Health
- Facilitate Higher Education links between Wales and Lesotho and links between NHS Health Boards and District Health Management Teams in Lesotho

Deliver health education and sports programmes

- Train teachers/community volunteers to deliver health messages in schools in Lesotho
- Deliver rugby courses in schools where children are taught important life skills, including gender equality, good nutrition, how to protect themselves from HIV and AIDS, and how to live a healthy and responsible lifestyle.

In Wales	Promote global learning in education	- Supporting links between schools in Wales and Lesotho - Assist Welsh universities and Further Education establishments to undertake projects and research in Lesotho
	Encourage the sharing of professional skills and expertise	- Facilitate public/voluntary sector manager placements in Basotho organisations (under the International Learning Opportunities Programme –<i>delivered by Welsh Government</i>) - Facilitating Welsh medical student elective placements in Lesotho hospitals
	Facilitate learning, friendship and skill sharing visits to Lesotho	- Assist with practical arrangements and technical assistance in country - Develop a Wales Centre in Lesotho, with incorporating accommodation for Welsh visitors and Basotho trainees

What we achieved

During this year, there were four main areas of funded work:

- Mental Health- implementation of the World Health Organisation's Mental Health Gap Training Programme (mhGap) in three districts
- Water, Sanitation and Hygiene work (WASH)
- Lesotho Teacher Placement Programme (LTPP) and the Wales teacher Placement Programme (WTPP) ending in July 2019
- Walk the Global Walk (with Carmarthenshire County Council)
- Lesotho Rugby Academy

Dolen continues to support school linking between Wales and Lesotho, supporting schools' application the British Council's Connecting Classrooms Global Learning programme. (CCGL)

mhGap

10 volunteers received update training in Wales on how to teach use of the WHO mhGAP guide. These volunteers then delivered training in Lesotho in pairs to primary care clinic nurses, mental health nurses, some primary care doctors and mental health nurse trainees over 2 to 4 days. (For numbers, see infographic) Train the trainer courses were also provided to nurse tutors at the National Health Training College in Maseru and to the Public Health nurses from most districts. A specific visit was undertaken for evaluation. Feedback, immediately after the courses and up to six months later, confirmed that the training was relevant and understandable with some evidence of changes in attitude and confidence. Some trainers observed behaviour change in role play situations. However the evaluation did not show sustained behaviour change with varied use of the mhGAP guides in practice although some individuals continued to report increased confidence in dealing with mental health problems.

Local clinical leaders and the Director of mental health nationally feel the training is beginning to make a difference and have asked for roll out of training. The extent and content of this is being considered by the Dolen Health Group.

WASH

Work continued in Thaba Tseka schools on the WASH work developed in the previous year on the importance of handwashing and how this can be facilitated in the schools. A competition was held on World Water Day between schools in Thaba Tseka in Lesotho and Cardiff in Wales.

Further project development took place leading to a significant grant application for 2019-2021.

LTPP and WTPP

LTPP is part of the British Council funded *International Education Programme* and is run by Dolen Cymru Wales- Lesotho Link. 5 Education Professionals from Wales visited the rural district of Thaba Tseka and the wider district of Maseru, between January and May 2019.

What happened?

- Outdoor learning shelter built
- Numeracy teacher training delivered
- Lead Literacy teacher training delivered
- Resource making workshops delivered
- Learner centred teaching modelled
- Student teacher workshops on Literacy & Numeracy
- World Wash Day activities with learners across schools

WTPP Is a programme funded by the British Council Wales and run by Dolen Cymru Wales – Lesotho Link. Four Education Professionals from the rural town of Thaba Tseka lived in Llanelli in Carmarthenshire for 6 weeks during the Summer term. 2019. They were placed in local Primary Schools to learn about education in Wales and share good practice with their colleagues at home upon their return.

All participants agreed that the following British Council aims were met

- WTPP aims to provide individuals with knowledge and skills necessary to contribute in a global community
- WTPP aims to increase awareness, attitudes and response to global learning
- WTPP aims to increase sustained collaboration between Wales and other countries
- WTPP aims to improve educational levels and productive partnerships

Welsh schools participating reported that pupils have learned a great deal about the culture & daily lives of their peers in Lesotho. Most have been able to demonstrate some appreciation about the differences in their daily lives. The children enjoyed learning about another culture and cultural differences.

Walk the Global Walk

This is a 3 Year EU funded project aimed at raising awareness of the 17 Sustainable Development Goals (SDGs) and mobilising young people to take action to support the SDGs. In Wales, Carmarthenshire CC is the project lead, with Dolen Cymru as the partner NGO adding a valuable global element. Schools are provided with teaching resources and commit to raising awareness of SDGs in their school community and in their local community through projects.

Each year a high-profile public **‘Walk’** and showcase event takes place with young people, community members, local councilors and decision makers all participating and there is an International Summer School for representatives of all 11 EU partner countries.

This year the “Walk’ took place at the National Botanic Garden in Carmarthenshire and the Summer School in Portugal. (See Infographic for numbers). The SDG focus for this year was

Target SDG 11 - Sustainable Cities and Communities.

Lesotho Rugby Academy

The Lesotho Rugby Academy is a stand alone project within Dolen Cymru Wales Lesotho Link. The Lesotho Rugby Academy tackles social problems in Lesotho through a 10 week rugby programme, delivered to young boys and girls in the poorest and most vulnerable areas across the country.

This programme produces its own Annual Report. See Appendix I



What Dolen did in 2018-19



Teacher Placement Programme

OVER THE PAST YEAR

3,191

PEOPLE IN
LESOTHO
BENEFITTED
FROM OUR
TRAINING UNDER
THE LTPP
PROGRAMME



1542
learners



968
teachers



668 student
teachers



7
schools



13 Teacher
Training
lecturers



9 Education
Offices

OVER THE PAST YEAR

947

PEOPLE IN
WALES
BENEFITTED
FROM
BASOTHO
TEACHER
PLACEMENTS



851
learners



71 teachers
+ staff



23 school
governors



16
schools



2 Teacher
Training
lecturers



2 Education
Authorities



OVER THE PAST YEAR

117

PEOPLE IN
LESOTHO
BENEFITTED FROM
mhGAP TRAINING
BY DOLEN
VOLUNTEERS



5 nurse
educators



102 nurses
+ hospital
staff



9 post grad
nurses



1 District
Medical Officer



3
districts



OVER THE PAST YEAR

4,335

HAVE TAKEN PART
IN WORKSHOPS
AND EVENTS AS
PART OF THE 'WALK
THE GLOBAL WALK'
PROJECT



3000+ pupils



12 teachers
trained



1000+ people
from local
communities



36 Global
Goalkeepers



8 Schools +7
more for Walk

A year in photos and numbers



Learners in Lesotho and Wales learn about water and handwashing on World Water Day. Part of an ongoing WASH project.



Welsh and Basotho shared skills with teachers and students in Thaba Tseka and Maseru. Basotho teachers in Wales share Basotho culture and see Welsh teachers in acGon



Working with Carmarthenshire schools on 'Walk the Global Walk' which this year worked with students on SDG 11-Sustainable CiGes and CommuniGes.



Thanks to a grant from Wales for Africa mental health training (mhGap) conGnued with the help of some amazing volunteers.



Funding and Fundraising

As with many charities work to achieve a sustainable funding base is ongoing. More grant applications were made during this period than ever before, with some success. However, income from unrestricted sources is an area highlighted for urgent development by the Board. Yet again, the charity reserves were drawn upon to support the work of the charity even after cost savings with rent and reduction in working hours of some staff.

Volunteers

The Board is grateful to the many volunteers who not only give their time and effort to support Dolen's work both here and in Lesotho. They are particularly grateful to those people who contribute their travel costs and the regular individual donors.

Governance

An emphasis on Policy Development this year saw updated policies on:

- Safeguarding
- Risk (including Risk register)
- Financial Control
- Health and Safety
- Equal Opportunities
- Environmental

Ongoing work on: Volunteer Code of Conduct, Anti-bribery, Anti-Money Laundering, Raising Concerns and Travel and Subsistence.

The Board approved the Financial Statement and Accounts for the Year 1 April 2018- 31 March 2019 at the Annual General Meeting on 2 November 2019.

Appendix I: Lesotho Rugby Academy Report

THE LESOTHO RUGBY ACADEMY



Dolen Cymru
•Wales Lesotho Link•



Annual Report 2018



Harlequins
FOUNDATION

2018 SUMMARY

2018 has been an exciting and transformative year for the Lesotho Rugby Academy (LRA). Our key developments are below.

- LRA has partnered with the Atlas Foundation, a UK charity founded by England's most capped player and winner of the 2003 World Cup, Jason Leonard OBE. Together we will launch the Atlas Lesotho All Schools programme in 2019. Three high schools will be selected in the poorer areas of Maseru, and weekly training will target struggling or disadvantaged children to improve behaviour and educational attainment on and off the pitch.
- Our three senior Lesotho coaches visited London in May 2018 to learn from the School of Hard Knocks, a UK charity which uses sport to tackle unemployment, crime and poor health in disadvantaged areas. Both sets of coaches exchanged ideas and tips, and the Lesotho coaches were able to share with UK children what life is like at home. The sessions were a great success and there were many emotional goodbyes at the end.
- Our strong links to Wales and Welsh rugby continue, as Litsitso Motseremeli, the Lesotho Country Director, received an exceptionally warm welcome in Cardiff and St David's. Our thanks to Dolen Cymru, the Cardiff Blues, and the kind Welsh families that hosted Litsitso.
- We have welcomed five new volunteers to the programme, who have been shadowing Coach Roy. They will eventually lead the 10 week programme themselves allowing Roy to focus on the Atlas Lesotho All Schools Programme.
- A black-tie fundraising dinner in London in May 2018 raised over £6,000. Our guest speaker, the former BBC commentator Ian "Robbo" Robertson, entertained us with his tales of legendary rugby moments, and generously donated "The Last Word", a framed print of commentator Bill McLaren's detailed match notes from Wales v Scotland 2002, which sold for over £1,200.

The team in Lesotho continued to deliver their programme to children in Maseru and beyond, teaching them life skills, communication, commitment and respect through the fun and discipline of rugby. We exceeded expectations, reaching 20 schools (five more than last year) and teaching 1,358 children.

The impact is visible in our quantitative results, the feedback from teachers and students, and in the success of Lesotho rugby overall. Rugby is creating employment opportunities for young people in Lesotho, and improving school children's academic performance. Women's rugby is flourishing, and the LRA graduates continue to feed into the national team and league teams, some becoming school or club coaches themselves.

2018 SUMMARY

In 2019 our focus will be:

- the new Atlas All Schools programme, which will build long-lasting positive change into our three selected schools;
- ensuring that our new young coaches are fully supported as they take over the ten week programme from Coach Roy;
- Maintaining quality of our lessons and delivery, adapting new ways of teaching large numbers;
- continuous improvement of our coaching skills, via exchange programmes with our partners; and
- continuous improvement of our life skills messaging, ensuring that this is aligned with Lesotho government best practice and international guidelines.

A heartfelt thank you to our partners, the hardworking volunteers, and generous donors. 2019 is set to be a great year.



ABOUT US

THE PROGRAMME

The Lesotho Rugby Academy tackles social problems in Lesotho through the fun, teamwork, and discipline of rugby. We have two main branches: the roaming 10 week Academy Programme, and the Atlas All Schools Programme.

- 1) The 10 week Academy Programme visits boys and girls in disadvantaged schools across Lesotho. We teach the basic rules and skills of rugby, and the three pillars that any rugby player should live by: communication, commitment and respect. Each session informs children about, and encourages them to discuss, important life skills and socially sensitive issues including gender equality, good nutrition, protection from HIV and AIDS, and how to live a healthy and responsible lifestyle.
- 2) The Atlas All Schools Programme was launched in January 2019, thanks to the kind sponsorship of The Atlas Foundation. We will deliver rugby training to three high schools in Maseru each week for the next three years to establish a senior girls and boys team at each school. We will work with children as they go through their high-school exams to offer them structured team sports each week and pass on important life skills. Inspired by the UK's School of Hard Knocks, we will also target struggling or disadvantaged children in special weekly sessions to improve behaviour and educational attainment on and off the pitch.

OUR GOAL

- 1) To support and educate vulnerable children and adolescents through open group sessions;
- 2) To share our enthusiasm for a sport that provides inspiration, focus and a support network in a country with few opportunities for young people;
- 3) To produce a top quality future generation of Lesotho rugby players, and truly place Lesotho rugby on the global map.

WHY LESOTHO?

- Lesotho is one of the poorest countries in southern Africa, with a GDP per capita of USD 2,960.
- 24% of its adult population is estimated to be HIV positive (of a population of 2.2 million).
- Life expectancy is around 51 years.
- There are few employment or career opportunities in Lesotho.
- Social problems, such as alcohol and drug abuse, are widespread and exacerbate social problems and physical health.

2018 OVERVIEW

2018 KEY STATISTICS



schools visited



students



boys



girls

CUMULATIVE STATISTICS (October 2014 to December 2018)



schools visited



students



boys



girls

SCHOOLS AND DISTRICTS

We visited 20 schools across four districts. The furthest district was Botha Bothe, 125 kilometres outside Maseru. The remaining three districts were in poorer parts of Maseru, which has sprawling suburbs. Accessing schools in all four districts involved driving off-road on unmaintained tracks and/ or long bus journeys and walks for our coaches.

Thanks to extra volunteer help, we reached five more schools than last year, increasing our reach by a third. Our average class size also increased to approximately 70 children. Coach Roy brings at least one volunteer to each class, and splits the groups into two or three, to ensure the children have plenty of ball time and the opportunity to ask questions.

The Coach's Handbook, which we published in 2017, is still the core manual for all training. Each school is given a copy, which teachers can use to continue rugby training.



IMPACT EVALUATION

MEASURING IMPACT

We measure our impact through light touch quantitative data, gathered at each school throughout the year, and in a series of interviews conducted during our year-end team visit. Interviewees include the beneficiaries, programme graduates, teachers at LRA schools, and Lesotho rugby players. The following pages include a summary of these findings.

DATA

We collect a small amount of impact data in each school. Children are asked whether they agree or disagree with seven simple statements, and we compare the results from the first week with the final one. The below shows the 2018 results.

STATEMENT (and model answer)	Week 1 correct	Week 10 correct
Rugby is a sport only for big men (Disagree)	8%	93%
The most common way of catching HIV is through sharp objects like needles and razors (Disagree)	51%	89%
Vegetables are more important in my diet than pap (Agree)	55%	62%
Smoking is a sign of maturity (Disagree)	14%	95%
Playing rugby can create a risk of passing HIV (Disagree)	41%	83%
When I grow up I will drink alcohol a lot (Disagree)	77%	98%
Men are better leaders than women (Disagree)	35%	50%

These results show a marked improvement across all areas, particularly in debunking myths surrounding rugby and HIV, and that smoking and drinking are desirable or signs of maturity. The questions on women’s leadership and healthy diets saw the smallest improvement, but there were marked changes in understanding and attitude all the same.

IMPACT EVALUATION

ACADEMIC IMPROVEMENT

Our coaches receive frequent verbal feedback from teachers that the introduction of rugby has improved academic performance, energy levels, and social behaviours among participating students.



Mr Mathafeng, the Principal of Lesia High School, reported a marked change in the concentration of his students playing rugby. One student of his, Thato, struggled to apply herself academically and was receiving average grades. However, with the adoption of rugby as her preferred sport, she became increasingly active, energised and disciplined, leaving school with much better marks than he had previously predicted. Mr Mathafeng says rugby played a large part in this change in Thato.



The teachers at Lefika-Mohala Primary School told us how the LRA programme had supported them in unexpected ways, outside of the programme's key messaging of life skills and communication, commitment and respect. First, they told us that their children's English had improved and that they spoke it more voluntarily in the playground. Second, the girls and boys are mixing and socialising more. Third, the teachers themselves are exercising, as they continue the rugby and wider sports sessions once the LRA programme has left.

EMPLOYMENT OPPORTUNITIES

We found concrete examples of rugby increasing employment opportunities and paid work for young adults in Lesotho. Some examples are included below and overleaf.

- Four members of the men's rugby team were offered jobs in the Lesotho military. They were headhunted directly from playing a match.
- Seven Lesotho rugby players have been poached by the South African team, Ladybrand. Three of these have been given salaries by the Ladybrand's sponsor, OVK. We will miss our team members, but we wish you all the best.
- Two of our rugby veterans, our Programme Director Litsitso Motseremeli and former player for the national team, Rethabile Sekola, have been paid to referee rugby tournaments in Free State, South Africa.

IMPACT EVALUATION



Tumisang (“T.S.”)

T.S. was introduced to us by Felix Tobane, a teacher at Phomolong High School. Mr Tobane told us that T.S. was one of his most improved students; that he had changed from a troublesome adolescent to a young man with a respectable job as a security guard. Felix says that T.S.’s love and passion for rugby played a key role in instigating that change. We tracked T.S. down in Maseru’s shopping centre to hear it from the man himself:

“I was involved in a lot of extra curricular activities at school, including athletics and drama, and... let’s just say some others that I shouldn’t have been involved in! I didn’t focus on anything, and always got into trouble with the teachers.

But when rugby arrived, it helped me focus and achieve. I won medals. I took on coaching, and helped the Phomolong Girls’ Team advance to 2nd place in the 7s tournament, and the boys’ team to 1st place. I still volunteer coach today.

Rugby helped me get my new job as a security guard. My ex-coach was able to vouch for my character and responsible behaviour, which held a lot of weight. I can’t afford to go to school at the moment, but I hope to save up, continue studying, and hopefully get married and have children one day.

I thought I was just starting a sport, I didn’t realise rugby would change my life.”

RUGBY IN LESOTHO

Rugby continues to grow in Lesotho under the stewardship of the Federation of Lesotho Rugby. Having secured promotion in 2017 to the Africa Bronze Cup, the Likatola (Stallions) narrowly lost to Mauritius and Rwanda in Accra in May. They also hosted a development team from the Cheetahs in Maseru, which highlighted the gap which still remains between Lesotho and the professional sport in South Africa. In 7s, Maseru competed in a number of international tournaments in Burundi, Zambia and Zimbabwe, as well as hosting a competition in Maseru.

2019 holds the prospect of the first women’s international between Maseru and Botswana.

Maseru Select continued to impress in the Eastern Free State League, coming second in the Griffon’s cup.

The domestic sport is also growing, with 8 registered clubs and 6 now competing in the domestic league.

GOALS FOR 2019

After what has been a great year for us at the Lesotho Rugby Academy, successfully fundraising and building new partnerships, our focus in 2019 is now on delivering a stronger and expanded programme.

The biggest goal for us in 2019 will be the launch of the Atlas All Schools Programme in Lesotho. Supported by the Atlas Foundation, we will work with three high schools for the next three years, coaching 14-18 year old children year round as they go through their high school exams. The Atlas programme will run in parallel to the LRA Programme, which will continue to deliver the 10 session introduction to rugby and life skills syllabus we have been delivering for the past four years to 10-14 year-olds.

For a while it has been clear to us that the Academy sessions are becoming too popular for just one coach to deliver on their own. Average class sizes have been creeping up, from our originally planned 40 children per session to almost 70 children per session on average in 2018, and some classes of over 100. At the same time, we are launching the Atlas All Schools programme. This means we need to increase our coaching team, and after an assessment process in January 2019 we will be appointing a new senior coach, as well as providing a small volunteer allowance to Assistant Coaches to ensure we can handle the greater numbers of children we will be working with.

We will be looking for new ways to train our coaches to ensure they are also developing their own skills. These will include opportunities for skills exchanges, building on the success of the time the Lesotho team spent in the UK with the School of Hard Knocks in London and Wales, as well as looking for opportunities to send coaches from the UK to Lesotho and partnering with the Harlequins Foundation. We will work with the Lesotho National Olympic Committee to run workshops for our staff on delivering life skills through sport in Lesotho, aligned with the Government's programmes and policy.

We will also look to integrate more closely with other Dolen Cymru programmes. In particular, we aim to review the rugby syllabus with a view to introducing a session on water, sanitation and hygiene, a key focus of Dolen Cymru's work. We are due to take the Academy to Dolen Cymru schools in Thaba Tseka later this year.

Although we enter 2019 in the strongest financial position we have ever been in, the expanded programme puts further pressure on us to keep up our fundraising. We will seek to emulate this year's successful summer fundraising dinner with the backing of our new partners. One of the biggest challenges for us remains transport, and Coach Roy is badly in need of a new vehicle that can handle the rocky terrain he encounters as he visits schools in remote villages in Lesotho.

2019 promises to be a great year for the Lesotho Rugby Academy with lots of new exciting opportunities and a brand new programme. We remain incredibly grateful to all of our supporters and hope you will continue to be part of our story.

FINANCES

FINANCIAL PERFORMANCE 2018

This year marked both a year of significant growth in our fundraising and a change in our financial administration and reporting.

In previous years we have reported donations to Dolen Cymru restricted for Lesotho Rugby Academy delivery in Lesotho. This had the result of under-reporting charity related expenditure by trustees, e.g. travel expenses. As this expenditure was not recorded as charitable income / expenditure, we were previously unable to reclaim gift aid.

This year, several steps have been implemented to improve our financial administration. These have included:

- Registering Lesotho Rugby Academy as an independent legal entity;
- Registering Lesotho Rugby Academy with HMRC as a charitable organisation;
- Creation of a bank account for Lesotho Rugby Academy;
- Establishment of a Paypal account; and
- The recording of all charitable expenses and reclamation of gift aid.

The latter step in particular has contributed to the growth in reported income. In 2018, there were around £3,000 of expenses either specifically sponsored or reclaimed and then donated back to the charity, which would previously have been unreported. The reporting of these expenses has enabled the charity to reclaim an additional £750 of gift aid.

Income for the newly registered Lesotho Rugby Academy for the year was £18,704 and expenditure was £7,535, leaving an end of year cash position of £13,232 (including £1,300 of outstanding loans).

Expenditure primarily related to a fundraising dinner (£3,300), a visit by three LRA coaches to the UK (£3,100) and flights purchased for a visit by UK team to Lesotho (£1,100).

Income was significantly higher than previous years thanks to the first instalment of a three-year grant from Atlas to launch the All Schools programme in 2019 (£6,500), a large donation from High Impact (£3,500) and a number of one-off and recurring pledges made at the LRA Fundraising Dinner in May amounting to around £3,000 received by Lesotho Rugby Academy (in addition to donations made directly to Dolen Cymru – see below), and HMRC Gift Aid (£1200).

Income received directly by Dolen Cymru for the LRA amounted to around £6,600 with a final cash position of £5,200. Programme expenditure (money transferred to Lesotho via Dolen Cymru) was around £3,900.

FINANCES

FINANCIAL ADMINISTRATION

The establishment of the Lesotho Rugby Academy as a separate legal entity with charity status does not represent a significant departure from our operating model. The delivery of the programme in Lesotho will still be done through and under Dolen Cymru, and the team responsible for delivery of the programme in Lesotho will still report and be accountable to the Dolen Cymru leadership and Board of Trustees.

The Lesotho Rugby Academy (UK) legal entity will be a fundraising organisation, with its primary purpose to raise funds and provide grants to Dolen Cymru for the delivery of the LRA programme in Lesotho. Registering as an independent entity provided three benefits:

- the autonomy to incur expenses relating to fundraising;
- the ability for supporters of the Lesotho Rugby Academy to make Gift Aid eligible donations covering specific expenses incurred by the Lesotho Rugby Academy which they had previously paid for directly; and
- improved financial management, with LRA funding consolidated into one bank account and block grants provided to Dolen Cymru to run the programme.

As the LRA's income for the year surpassed £5,000 (£18,704) it is now required to register with the Charity Commission.

FINANCIAL PLAN FOR 2019

With successful fundraising we have been able to make some commitments to expanding and strengthening the Academy programme in Lesotho. These include:

- the launch of the Atlas All Schools programme, working with 3 schools year-round;
- an increase in pay for our Head Coach to bring into line with Maseru averages income and the appointment of a second permanent Senior Coach; and
- a commitment to support 4 volunteer assistant coaches attend sessions with our Head Coach and Senior Coach with small travel and food allowances

The launch of the Atlas All School programme has taken precedence over our ambition to expand the number of schools visited throughout the year, and the Academy programme will continue to work with 5 schools per quarter (target 20 schools). However, we will review performance and finances at mid-year and consider the appointment of another Senior Coach.

Our budget for the year is £11,500 and would increase to £12,800 with the addition of another Senior Coach.

OUR TEAM

LESOTHO

The Lesotho Rugby Academy programme was designed and developed, and is still delivered, by local Basotho volunteers.



Roy Zhou | Head Coach

Roy has been coaching rugby in Lesotho since 2012. As well as co-developing the Lesotho Rugby Academy syllabus and delivering it in the majority of our schools, Roy founded the Maseru Warriors Rugby Club. Having coached the Lesotho national team, the Likoatola (“the Stallions”) he now focuses on training the women’s team and the Atlas Lesotho schools.. Roy is World Rugby Level 2 qualified and is trained in topics such as HIV awareness, gender and health.



Litsitso Motseremeli | Country Director

Litsitso took up rugby in 2011 and is one of the pioneers of the Federation of Lesotho Rugby (FLR). After finding a passion for the sport, he started volunteering full time for FLR and is now an ambassador, regularly appearing on Lesotho TV. He is Secretary General for the FLR and Country Director for the Academy Programme.



Tšepiso “Bella” Mokobori | Marketing & Social Media

Bella began volunteering with the Federation of Lesotho Rugby in 2017 and manages the in-country marketing and social media for the FLR and the Academy. She has a diploma in Marketing and Social Media, and is a freelance fashion designer in Maseru.

OUR TEAM — NEW COACHES

In 2018 LRA welcomed five new volunteer coaches to support the scaling up of the programme. All our volunteers are trained in first aid and World Rugby Strength and Conditioning Level 1.



Thato Vanessa Liphata

Thato first learned rugby under the LRA programme in 2014 and plays for the Maseru Warriors. She was the first female volunteer coach and Women's League Director. Thato loves using rugby to teach children to believe in themselves, and be proud of who they are.



Makopano Copper Sennanyane

Copper joined the women's Maseru Warriors in April 2018 and developed an instant passion for rugby. She has delivered sessions for LRA in HIV, alcohol abuse and healthy diets. Copper always introduces improvised dancing and singing into her lessons.



Palesa Emely Pitso

Palesa ("Rose") started rugby in 2015, and currently plays front row in the women's league with the Maseru Warriors. Rose loves it when the school children chant "rugby! rugby! rugby!" and run towards the car when the LRA coaches arrive.



Grace Ts'episo Raphepheng

Tsepi has been playing rugby for five years, at first for her school and now for the Maseru Warriors. Tsepi says her whole life changed for the good when she discovered rugby, at a time when she had nothing. Her goal now is to offer other children the same experience and opportunity.



Molefi Qejoang

Molefi used to think rugby was just for big men, until Coach Roy and the academy visited his school in 2014. Since then he has joined the Maseru Warriors, and loves teaching the LRA children. One of his favourite drills is the boys versus girls relay, a you never know which team is going to win!

OUR TEAM

UK

The UK team provides administrative and financial support to the programme. We run the charity accounts, compile annual reports and marketing materials, and lead the charity's fundraising through events in the UK. We visit our friends in Lesotho every year to monitor progress, discuss and advise on upcoming strategies, and capture data.



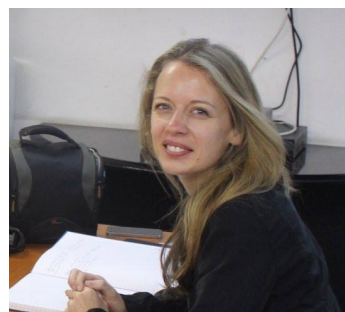
Dan Aylward-Mills | Programme Director

Dan kick-started Lesotho Rugby in 2011. He coached and trained the national Lesotho rugby team for two years and was President of the Federation of Lesotho Rugby until 2017. Dan co-founded the Lesotho Rugby Academy with Litsitso and Roy in 2014. Dan currently works as a development economist in the UK.



Andrew Barton | Finance

Andy has volunteered as LRA's Finance Manager since 2016 and oversees all financial administration, including tracking fundraising and budgeting. Andy keeps the programme operating on a day-to-day basis. He is a qualified accountant and an auditor in the UK.



Rebecca Aylward-Mills | Fundraising and Comms

Bex leads our donor relationships in the UK and manages LRA's communications and marketing materials. She is a freelance public sector consultant, and has designed and delivered several UK Government development and aid programmes.



Iain Richards | Fundraising

Iain has been fundraising and building UK partnerships for the LRA since it was launched in 2014. He organises events and manages our links with UK rugby clubs. Iain has previously worked with SKRUM, Rugby Business Network, London Welsh Centre and runs the Velvet Coalmine Literary festival in his hometown of Blackwood, Wales.

SUPPORT US

HOW YOU CAN HELP

If you would like to support our programme, thank you. It means a lot to us, and your contribution will make a real difference. You can make a one-off or monthly donations online, please follow the links on our website:

<https://www.lesothorugbyacademy.org/>

If you would like to arrange a monthly donation by standing order, or assistance in reclaiming gift aid, please contact us directly.

EQUIPMENT

Do you have an old laptop, smart phone, tablet or digital camera sitting in a drawer at home? Let us help you find it a new home with one of our coaches as we try and get them connected. We can even help in wiping your data.

And of course we're always grateful to receive donations of rugby kit – everything gets put to good use.

VOLUNTEER

Whether you have a couple of hours a month and can help us with our newsletter or writing a grant application, or want to go and help deliver the programme in Lesotho, we're always delighted to welcome new volunteers to the team.

CONTACT US

If you would like to find out more about the Academy or Lesotho rugby in general, or if you would like to talk to us about volunteering, please see our contact details on the right hand side. We would be delighted to hear from you.



@LesothoRugAcad
@coach_n



dan.c.aylward@gmail.com



@lesothorugby

DOLEN CYMRU - WALES LESOTHO LINK

FINANCIAL ACCOUNTS FOR THE YEAR ENDED 31st MARCH 2019

Company Registration Number: 07578753

Charity Registration Number: 1143448

**A. Hughes-Jones, Dyson & Co
Chartered Accountants
Caernarfon**

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Independent Examiner's Report To The Trustees Of Dolen Cymru - Wales Lesotho Link

I report to the charity trustees on my examination of the accounts of the company for the year ended 31st March 2019, which are set out on pages 2 - 10.

Responsibilities and Basis of Report

As the Charity's trustees of the company (and also its directors for the purpose of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those accounting records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for the accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with this examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

B Hughes FCA
 A. Hughes Jones Dyson & Co.
 Chartered Accountants & Statutory Auditors
 Capel Moreia, South Penrallt
 Caernarfon, Gwynedd, LL55 1NS.

Date: _____

DOLEN CYMRU - WALES LESOTHO LINK
Statements of Trustees' Responsibilities

The Trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial accounts;
- prepare the financial accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial accounts comply with Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board

Date

DOLEN CYMRU - WALES LESOTHO LINK
Income and Expenditure Account For The Year Ended 31st March 2019

	Notes	2019 £	2018 £
Income		160,051	159,000
Direct Expenditure		177,364	216,206
Gross Surplus		(17,313)	(57,206)
Other Operating Expenditure		-	-
Operating (Deficit)/Surplus	2	(17,313)	(57,206)
Investment Income		351	284
(Deficit)/Surplus For The Year		(16,962)	(56,922)
Funds Balances Brought Forward		129,308	186,230
Funds Balances Carried Forward		112,346	129,308

DOLEN CYMRU - WALES LESOTHO LINK
Statement of Financial Activities for the Year Ended 31st March 2019

	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2019	Total Funds 2018
		£	£	£	£
Income					
Voluntary Income	3	30,411	13,579	43,990	39,919
Activities To Generate Funds	4	4,465	-	4,465	10,404
Investment Income - Bank Interest		351	-	351	284
Charitable Activities	5	41,596	70,000	111,596	108,677
Total Income		<u>76,823</u>	<u>83,579</u>	<u>160,402</u>	<u>159,284</u>
Expenditure					
Costs to Generate Funds	6	827	-	827	2,688
Charitable Activities	7	107,419	69,118	176,537	213,518
Total Resources Expended		<u>108,246</u>	<u>69,118</u>	<u>177,364</u>	<u>216,206</u>
Net Incoming Resources		(31,423)	14,461	(16,962)	(56,922)
Transfers Between Funds		7,985	(7,985)	-	-
Net Movement In Funds		<u>(23,438)</u>	<u>6,476</u>	<u>(16,962)</u>	<u>(56,922)</u>
Fund balances brought forward		67,764	61,544	129,308	186,230
Balances Carried forward		<u>44,326</u>	<u>68,020</u>	<u>112,346</u>	<u>129,308</u>

DOLEN CYMRU - WALES LESOTHO LINK
Balance Sheet as at 31st March 2019 (Company Number: 07578753)

	Notes	2019		2018	
		£	£	£	£
Fixed Assets					
Tangible Assets	11		450		562
Current Assets					
Debtors	12	13,090		4,066	
Cash at Bank and In Hand		123,299		145,518	
		<u>136,389</u>		<u>149,584</u>	
Liabilities: amounts falling due within one year	13	24,493		20,838	
		<u></u>		<u></u>	
Net Current Assets			111,896		128,746
Net Assets	15		<u>112,346</u>		<u>129,308</u>
Funds					
Unrestricted	16	44,326		67,764	
Restricted	16	68,020		61,544	
		<u>112,346</u>		<u>129,308</u>	

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2018 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The Financial Statements were approved by the Trustees on

and signed on their behalf by:

-Trustee

-Trustee

DOLEN CYMRU - WALES LESOTHO LINK
Notes To The Accounts For The Year Ending 31st March 2019

1 Accounting Policies

Basis Of Accounting

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" Reporting Standard for Smaller Entities and in accordance with the Statement of Recommended Practice of the Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", the Companies Act 2006 and the SORP Accounting By Charities.

The financial statements have been prepared under the historic cost convention.

Income

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants receivable are shown in the Statement of Financial Activities in accordance with the terms of the grants. Grants received for specific purposes are shown as restricted funds.

No amounts are included in the financial statements for services donated by volunteers.

Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on the basis consistent with use of the resources.

Costs of generating funds are costs incurred in order to raise funds for charitable purposes. Charitable activities are costs associated directly with the charity's ongoing projects. Support costs are those costs incurred directly in support of expenditure on the charitable activities. Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

Capitalisation and depreciation of tangible fixed assets

All assets costing more than £300 are capitalised. Fixed assets are included in the balance sheet at cost. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a reducing balance basis over their expected useful economic lives as follows:

Office Equipment- 25% reducing balance

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of designated funds is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes.

DOLEN CYMRU - WALES LESOTHO LINK
Notes To The Accounts For The Year Ending 31st March 2019

2	Net Incoming Resources for the year			2019		2018
	is stated after charging;			£		£
	Independent examiners fees			1,740		1,728
	Depreciation on Tangible Fixed Assets			112		188
3	Voluntary Income	Unrestricted Funds	Restricted Funds	Total Funds 2019		Total Funds 2018
		£	£	£		£
	General Donations	11,774	13,297	25,071		18,964
	Gift Aid	1,180	282	1,462		2,992
	Exchange visits & Travel Fees	13,393	-	13,393		15,112
	Friends Fees	4,064	-	4,064		2,851
		<u>30,411</u>	<u>13,579</u>	<u>43,990</u>		<u>39,919</u>
4	Activities To Generate Funds	Unrestricted Funds	Restricted Funds	Total Funds 2019		Total Funds 2018
		£	£	£	£	
	Fundraising	4,465	-	4,465		8,139
	Other Income	-	-	-		2,265
		<u>4,465</u>	<u>-</u>	<u>4,465</u>		<u>10,404</u>
5	Charitable Activities	Unrestricted Funds	Restricted Funds	Total Funds 2019		Total Funds 2018
		£	£	£		£
	Teachers' Development Program	-	70,000	70,000		70,000
	Other Grants	25,831	-	25,831		35,000
	Other Income	15,765		15,765		3,677
		<u>41,596</u>	<u>70,000</u>	<u>111,596</u>		<u>108,677</u>

DOLEN CYMRU - WALES LESOTHO LINK
Notes To The Accounts For The Year Ending 31st March 2019

6	Costs To Generate Funds	Unrestricted Funds	Restricted Funds	Total Funds 2019	Total Funds 2018
		£	£	£	£
	General Fundraising costs	827	-	827	2,654
	Goods for resale	-	-	-	34
		<u>827</u>	<u>-</u>	<u>827</u>	<u>2,688</u>
7	Charitable Activities	Unrestricted Funds	Restricted Funds	Total Funds 2019	Total Funds 2018
		£	£	£	£
	Teachers' development Programme & exchange visits	34,016	24,229	58,245	87,675
	Volunteer Expenses	3,211	5,233	8,444	6,825
	Contractors	-	-	-	1,070
	Project Costs	10,043	219	10,262	12,749
	Overseas Wages	1,308	8,045	9,353	16,084
	Donations paid out	961	5,030	5,991	8,832
	Support Costs	57,880	26,362	84,242	80,283
		<u>107,419</u>	<u>69,118</u>	<u>176,537</u>	<u>213,518</u>
8	Support costs	Unrestricted Funds	Restricted Funds	Total Funds 2019	Total Funds 2018
		£	£	£	£
	Wages	37,207	23,642	60,849	51,538
	Training & Recruitment	2,266	647	2,913	1,392
	Office costs	3,161	49	3,210	4,395
	Website Costs	605	-	605	538
	Insurance	1,133	600	1,733	3,189
	Rent & Rates	5,041	-	5,041	7,504
	Bank charges	1,084	43	1,127	1,212
	Lesotho office costs	1,672	109	1,781	2,920
	Travelling costs	2,137	955	3,092	2,603
	Sundry expenses	652	317	969	2,244
	Trustee costs	466	-	466	412
	Independent Examination	1,740	-	1,740	1,728
	Profesional Fees	604	-	604	420
	Depreciation	112	-	112	188
		<u>57,880</u>	<u>26,362</u>	<u>84,242</u>	<u>80,283</u>

DOLEN CYMRU - WALES LESOTHO LINK
Notes To The Accounts For The Year Ending 31st March 2019

9 Staff Costs	2019	2018
	£	£
Wages and Salaries	57,665	48,726
Social Security Costs	1,025	1,071
	<u>58,690</u>	<u>49,797</u>

The average number of full time employees was 47 (2018 4)

10 Trustees

Expenses were re-imbursed to trustees amounting to £453 (2018 £599)

11 Tangible Fixed Assets

	Office Furn/ Equipment	Total
Cost	£	£
At 1st April 2018	1,074	1,074
Additions	-	-
As at 31st March 2019	<u>1,074</u>	<u>1,074</u>
Depreciation		
At 1st April 2018	512	512
Charge for year	112	112
At 31st March 2019	<u>624</u>	<u>624</u>
Net Book Value		
At 31st March 2019	<u>450</u>	<u>450</u>
At 31st March 2018	<u>562</u>	<u>562</u>

12 Debtors	2019	2018
	£	£
Trade Debtors	12,037	2,704
Other Debtors	1,053	753
Prepayments	-	609
	<u>13,090</u>	<u>4,066</u>

13 Liabilities: Amounts falling due within one year

	£	£
Other taxation & Social Security costs	1,071	451
Accruals	23,422	20,387
	<u>24,493</u>	<u>20,838</u>

14 Share Capital

Dolen Cymru - Wales Lesotho Link is a company limited by guarantee and does not have any share capital.

DOLEN CYMRU - WALES LESOTHO LINK
Notes To The Accounts For The Year Ending 31st March 2019

15 Analysis Of Net Assets Between Funds

	Unrestricted Funds	Restricted Funds	Total 2019	Total 2018
	£	£	£	£
Tangible fixed assets	450	-	450	562
Cash at bank and in hand	59,141	64,158	123,299	145,518
Debtors	9,228	3,862	13,090	4,066
Current liabilities	(24,493)	-	(24,493)	(20,838)
	<u>44,326</u>	<u>68,020</u>	<u>112,346</u>	<u>129,308</u>

16 Funds

	Balance Forward	Movement	31/03/2019
	£	£	£
Unrestricted Funds			
General Dolen Fund	<u>67,764</u>	<u>(23,438)</u>	<u>44,326</u>
Restricted Funds			
Welsh Centre Fund	21,820	-	21,820
Rugby Academy	2,170	(71)	2,099
Phelisonong Donation	10,639	300	10,939
Teacher Placement Programme	27,279	3,204	30,483
Betsi Quthing Health Fund	-	-	-
Thabana Tsoana School	37	1,811	1,848
John Ellis Fund	(1,125)	1,232	107
Matsieng Link Fund	724	-	724
	<u>61,544</u>	<u>6,476</u>	<u>68,020</u>
	<u>129,308</u>	<u>(16,962)</u>	<u>112,346</u>

Welsh Cente Fund

The fund was set up in order to raise funds to build, equip and run the Wales Centre Lesotho.

Teachers Placement Programme

This fund was set up following receipt of a three year grant from British Council Wales as part of the Welsh Government's International Education Programme in order to manage the placement of 18 teachers in Lesotho for a period of six months over the term of the grant.

Phelisonong Fund

The fund has been created to finance a sustainable agriculture and co-operative project in Phelisonong.

Betsi Quthing Health Fund

The fund was created by a donation to support health projects in Lesotho.

Lesotho Rugby Academy

The fund was established to finance the Lesotho Rugby Academy which delivers a rugby programme for school children in Lesotho which introduces the children to rugby to improve health and deliver the message about the benefits of healthy living.

John Ellis Fund

The fund has been created in memory of a former trustee to fund a specific project.

Thabana Tsoana School

The fund was created following fundraising by a school in Wales to improve facilities at the Thabana Tsoana school.

Matsieng Link Fund

The fund has been created to support activates in Matsieng from funds raised by the St David's community in Pembrokeshire.

DOLEN CYMRU - WALES LESOTHO LINK
Statements of Trustees' Responsibilities

The Trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial accounts;
- prepare the financial accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial accounts comply with Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

 M. MOORE

By Order of the Board

2nd NOVEMBER 2019

Date

DOLEN CYMRU - WALES LESOTHO LINK
Balance Sheet as at 31st March 2019 (Company Number: 07578753)

	Notes	2019		2018	
		£	£	£	£
Fixed Assets					
Tangible Assets	11		450		562
Current Assets					
Debtors	12	13,090		4,066	
Cash at Bank and In Hand		123,299		145,518	
		<u>136,389</u>		<u>149,584</u>	
Liabilities: amounts falling due within one year	13	<u>24,493</u>		<u>20,838</u>	
Net Current Assets			111,896		128,746
Net Assets	15		<u>112,346</u>		<u>129,308</u>
Funds					
Unrestricted	16		44,326		67,764
Restricted	16		68,020		61,544
			<u>112,346</u>		<u>129,308</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2018 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The Financial Statements were approved by the Trustees on

2/11/19

and signed on their behalf by:


 -Trustee

N. Pritchard


 -Trustee

M. Moore